

REGISTRATION

Deadline: Friday, Sept. 29, 2017

For on-line Registration and payment go to
<https://iaumc-reg.brtaapp.com/2017Iowa5-DayAcademyforSpiritualFormation> (no spaces in address)

or

Send this form with check to:

Iowa Annual Conference - Spiritual Formation,
Att: Courtney, 2301 Rittenhouse St., Des Moines,
IA 50321.

Name: _____

Address: _____

City, ST, Zip: _____

Email: _____

Phone (cell): _____

Phone (home): _____

Gender: _____ Female _____ Male

Local Church: _____

Denomination: _____

Laity _____ Clergy _____

American Martyrs Retreat Center can involve walking. Do you have physical challenges to walking? Explain:

Please indicate any special needs, (including dietary):

I want three CEUs (Continuing Education Credits). I'm adding \$15 to my payment.

Room & Board: \$625 (\$695 if received after Sept. 1, 2017) Registration includes a \$100 non-refundable deposit.

Schedule

Sunday

4:00 pm	Registration
6:00 pm	Dinner
6:45 pm	Orientation
7:30 pm	Listening Circles
9:15 pm	Eucharist
10:00 pm	The Great Silence

Monday-Thursday

7:30 am	Morning Prayer
8:00 am	Breakfast
9:00 am	Faculty Presentation
10:00 am	Silent Reflection Time
11:00 am	Group Discussion and Community Time
Noon	Lunch and Free Time
2:30 pm	Faculty Presentation
3:30 pm	Silent Reflection Time
4:30 pm	Group Discussion
5:15 pm	Eucharist Service
6:00 pm	Dinner and Free Time
7:30 pm	Covenant Groups
9:00 pm	Night Prayer/Great Silence until Morning Prayer

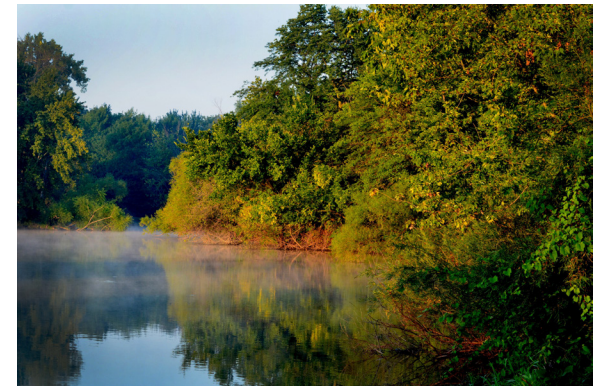
(Evening schedules will vary slightly.
Changes will be announced.)

Friday

7:30 am	Morning Prayer
8:00 am	Breakfast
8:30 am	Faculty Presentations
11:00 am	Eucharist and Lunch

The rhythm of the day is embraced by morning and night prayer and enriched with daily Eucharist. Faculty presentations are given each morning and afternoon, followed by silence of individual reflection and then group response time. Covenant groups offer time for accountability. Free time is offered for rest and renewal.

Iowa Five-Day Academy for Spiritual Formation for laity and clergy



*Planted Beside
Still Waters
Leadership That Lasts*
with
Roger Owens and
Grace Imathiu

Oct. 8-13, 2017
American Martyrs Retreat Center
Cedar Falls, Iowa



The Academy
for spiritual formation®

Our Retreats:

The Five-Day Academy for Spiritual Formation is a program of Upper Room® Ministries, providing an opportunity for clergy and laity to draw close to a loving God through a daily rhythm of prayer, worship, learning, and reflection. Each day includes teachings by gifted spiritual leaders to deepen our walk with God, periods of silence, morning and evening prayer, Eucharist, and an opportunity to share with and encourage one another. We will experience a “taste” of this spiritual program.

This Retreat:

The building up of congregations through program and ministry can take a toll upon church leaders who have either not enriched or just simply sacrificed their own spiritual practices for the sake of task management. This leads to hollow leadership and the erosion of a personal call. We see evidence of this in loss of great lay leaders for local congregations and in high attrition rates of clergy in parish ministry.

The Iowa 2017 Five-Day Academy will focus upon Spiritual Leaders Who Last. It is intended to provide help for participants who see a need to reconnect with their call and sustain spiritual disciplines.

Recommended Readings: “What We Need is Here - Practicing the Heart of Christian Spirituality” (Roger Owens), and “A Testament of Devotion” (Thomas R. Kelly).



Roger Owens

received his Ph.D. in theology from Duke University where he was awarded a Lilly Fellowship for the Formation of a Learned Clergy. Before that he completed his M.Div. at Duke Divinity School. He served both urban and rural churches as co-pastor with his wife,

the Rev. Ginger Thomas, before coming to Pittsburgh Theological Seminary. Books include *What We Need Is Here: Practicing the Heart of Christian Spirituality* (Upper Room Books, 2015), *Pastoral Work: Engagements with the Vision of Eugene Peterson* (edited with Jason Byassee), *Abba, Give Me a Word: The Path of Spiritual Direction*, and others. Owens has preached and lectured across the country, and his work has appeared in *The Christian Century*, *Currents in Theology and Mission*, *The Journal of Religious Ethics*, and elsewhere. Owens serves on the faculty for the Upper Room’s Academy for Spiritual Formation, where he lectures on postmodern spirituality and traditions of Christian spirituality.



Grace Imathiu,

Community UMC (Naperville, IL) lead pastor was born and raised in Kenya and has one brother and three sisters. Her father is a retired Bishop of the Methodist Church in Kenya and received the 2005 World Methodist Council Peace Award for confronting Idi Amin’s regime and South Africa’s apartheid system. Her mother, a retired teacher, is a Local Preacher and has served in many leadership roles in the church.

Grace was educated in Kenya, the USA (Methodist Theological School in Ohio and Vanderbilt University in Tennessee), the University of Cambridge, and spent a year at the Hebrew University in Jerusalem. She was ordained in the Methodist Church in Kenya in 1988 and served six years in Kenya, and has since served in Washington, Ohio, Tennessee, and Wisconsin.

Grace is married to writer and science photographer David Hay Jones. They have one son, 14-year-old Erik, and a dog named Jack. David and Erik are devoted skiers. Grace and Jack do not ski.

Leadership Team:

Retreat Leader: Carol Kress
Worship: Carolyn Bowers
Covenant Groups: Bill Daylong
Hospitality: Sheri Daylong

See our Facebook Page at Iowa Five Day Academy, <https://www.facebook.com/groups/Spiritual.Formation.Iowa>

Participants are encouraged to remain on-site throughout the academy.



Cost:

Room & Board: \$625 (\$695 if received after Sept. 1, 2017) Registration includes a \$100 non-refundable deposit. If desired, three Continuing Education Credits (CEUs) are \$15 additional. Limited scholarship assistance is available.

Please mail the Registration Form and payment, or use our convenient on-line registration and payment method. Instructions are on the Registration Form.